

# Reservoir High School

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TO: Athletes and Parents of Reservoir Cross Country

FROM: Reservoir Cross Country Coaches

SUBJECT: Great American Cross Country Invitational

On our schedule we have the Great American Cross Country Invitational in Cary, North Carolina scheduled for October 4, 2025. This meet is a phenomenal opportunity for Team Bonding as well as an awesome Cross Country event. The meet will provide an opportunity for many of our athletes to compete at a great venue with strong competition.

We will be leaving Friday after first lunch and returning home Saturday night. I want to encourage them to bring any work with them so they can keep up with the academics.

The total cost of the trip will be \$150. This will include Friday's Lunch (Subway), Friday's Dinner (Olive Garden), Saturday's Breakfast, and Saturday's Lunch. We will also provide waters and Gatorade for the athletes while on the trip.

Athletes should bring snacks and additional drinks with them for the bus ride, hotel and free time. Please note that there will be vendors at the meet for food and T-shirts.

I will ultimately pass out OFFICIAL HCPSS permission forms the week leading up to the trip. Money will not be due until the day prior. You will be able to pay in cash, check (payable to RHS) and online using a credit or debit card.

We will have three - four male coaches, a female coach present on the trip.

## Tentative Schedule:

### Friday

Depart: 11:00am

Arrive to the Course/Jog Course: 4:00pm

Dinner/Movie at the Hotel: 6:30pm

Lights Out: 10:00pm

### Saturday

Depart Hotel: 6:30am

Arrival at the Course: 6:45am

Races Start: 8:00am

Lunch: 1:00pm

Depart for RHS: 4:30pm

Arrive back to RHS: 10:00pm

If you have any further questions, please feel free to email me at [progers@hcpss.org](mailto:progers@hcpss.org).

Coach Rogers

RSVP to the trip using this QR CODE:

